

The Gertrud B. Ujhely Collection

Collection Summary

Repository: Adelphi University, Garden City, N.Y.

Creator: Gertrud B. Ujhely, 1922-2006

Title: The Gertrud B. Ujhely Collection

Inclusive Dates: 1954-2003

Bulk Dates: 1963-1979

Quantity: 5 linear feet (8 manuscript boxes)

Abstract: The collection contains various papers presented, published and unpublished by Professor Ujhely as well as journals and books she contributed to; and the book *The Nurse and Her Problem Patients* which she wrote in 1963.

Language: English

Biographical History

Gertrud B. Ujhely was born in 1922 in Vienna, Austria. At the age of sixteen when the Nazis invaded Austria, she escaped the Anschluss and in 1938 immigrated to France. Eventually she again emigrated and attended and graduated from the School of Nursing at the American University Hospital in Beirut Lebanon. Following this she worked in Jerusalem as a nurse in the Hadassah hospital. In 1952 she came to the United States and was reunited with her family after thirteen years of separation. She furthered her studies in the field of psychiatric nursing and received a B.S in Nursing Education from Hunter College, an A.M. from Teachers College at Columbia University in Curriculum and Teaching Psychiatric Nursing and a Ph. D. in Psychiatric –Mental Health Nursing from New York University. For a period she taught at Rutgers University and then eventually became director of the Adelphi University Graduate Psychiatric Nursing Program. In her later years she became a Jungian psychoanalyst and lectured at the Jung Institute in New York City. Apart from her academic papers she contributed to many books and journals on the subject of psychiatric nursing. She authored the book *The Nurse and Her Problem Patients* and a significant paper “The Magical Level of Consciousness” which was

published in 2003. She also authored an unpublished auto-biographical work *Snapshots and Soundbites* in 2000. She belonged to several professional societies including the American Nurses Association, the International and New York Association for Analytic Psychology, The National Association for Advancement and Accreditation of Psychoanalysis, and the Long Island Society for Psychoanalysis. She was severely handicapped by a respiratory collapse following a fall at home and in 2006, she died.

Scope and Content

There are eight boxes in the collection as well as ten published books. Included in the collection are Ujhely's professional papers some of which she published and many of which she presented at various universities, hospitals, clinics and conferences. Also included is an abstract of her dissertation "Dogmatism and Modes of Resolution of Cognitive Inconsistency" which she submitted for her Ph.D. from New York University in 1971. Furthermore the collection has twenty-six journals.

Administrative Information

Provenance

These materials were donated by Esther Ackerhalt in May 2016.

Restrictions

Restrictions on Access

The collection is open to research.

Preferred Citation

Identification of items; Date(if known); The Gertrud B. Ujhely Collection; Box and folder number; Adelphi University Archives and Special Collections, Garden City, NY.

Processing Information

This collection was processed by Claudia Lemlich, Project Archivist in September 2016.

Use Restrictions

Single Photocopies may be made for research purposes. Permission to publish materials from the collection must be requested from Adelphi University and Special Collections. Researchers are responsible for copyright compliance.

Subject and Genre Terms

Psychiatric Nursing

Cognitive Balance

Cognitive Dissonance

Nurses

Adelphi University School of Nursing

Arrangement of the Collection:

The Collection is divided into 7 series.

Series 1: Professional Papers

Series 2: Presented Papers

Series 3: Journals

Series 4: Miscellaneous Manuscripts

Series 5: Biographical Works and Data

Series 6: Media

Series 7: Books

Description of the Collection

Series 1: Professional Papers

This series consists of professional papers (both published and unpublished) some of which were also presented. Many papers were published in journals; they are in this series because they are either individual copies or typed manuscripts. (Series 4 consists of the actual journals). Also included here are academic and research papers which Professor Ujhely submitted. When possible the name of the publication is given.

Box Folder

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|---|---|---|
| 1 | 1 | “A Study to Determine Areas in Nurse-Patient Relationships Where Nurses Need Help,” 1956 (unpublished) |
| 1 | 2 | “Discussion of ‘Cultural and Pathological Manifestations of Paranoia’,” <i>Perspectives in Psychiatric Care</i> , August/September 1963 |
| 1 | 3 | “Expected Emotional Changes in Working and Middle Class Women of the Northern United States During Pregnancy, Labor and the Puerperium,” May 1964 |

- 1 4 "Do You Have An Idea in You?" *Sigma Theta Tau Newsletter, Upsilon Chapter, 1964*
- 1 5 "Servants? No! Service Professionals? Yes!," *RN Magazine, 1964*
- 1 6 "Freeing the Patient-For or Against Society; A discussion of three articles dealing with values as seen by psychiatry and social science," January 1965
- 1 7 "Basic Considerations for Nurse-Patient Interaction in Prevention and Treatment of Emotional Disorders," *Clinics of North America, June 1966*
- 1 8 "Discussion of Dr. Braun's Paper," *University of Minnesota School of Public Health, Division of Public Health Nursing, 1966* accompanied by Dr. Braun's Paper "Programs for Prevention in the Preschool Years."
- 1 9 "On Limit Setting," *Chicago Illinois State Psychiatric Institute, April 1967*
- 1 10 "When Adult Patients Cry," *Nursing Clinics of North America, December 1967*
- 1 11 "On the Uses and Abuses of the So-Called 'Non Directive Technique In Nursing,'" *American Nurses Association Regional Conferences, 1967*
- 1 12 "What Is Realistic Emotional Support," Reprinted from *The American Journal of Nursing, April 1968*
- 1 13 "The Nurse in Community Psychiatry," Reprinted from *The American Journal of Nursing, May 1969*
- 1 14 "Nursing Intervention with the Acutely Ill Psychiatric Patient," *Nursing Forum, 1969*
- 1 15 "'And' Instead of 'Either or' or the 'Fallacy of False Opposition'," *Sigma Theta Tau, Best of Image, 1971*
- 1 16 An Abstract of "Dogmatism and Modes of Resolution of Cognitive Inconsistency," 1971
- 1 17 "Dogmatism and Modes of Resolution of Cognitive Inconsistency," *Dissertation Abstracts International, 1971*
- 1 18 "Feminine Psychological Development: A Factor Underlying the Issue of Nursing Independence," *The Michigan Nurse, January 1972*
- 1 19 "The Environment of the Elderly," *Nursing Clinics of North America, June 1972*
- 1 20 "On Being Possessed by the Devil," *Perspectives in Psychiatric Care, 1972*

- 2 1 "The Patient as an Equal Partner," *The Canadian Nurse*, 1973
- 2 2 "Chaos, Commitment and Excellence, How Do They Fit Together?" *The Journal of Continuing Education in Nursing*, September-October, 1974
- 2 3 "Current Technological Advances and the Nurse Patient Relationship," *The Journal of the New York State Nurses Association*, November 1974
- 2 4 "Two Types of Problem Patients," *Nursing 76 Book Selection*, May 1976
- 2 5 Book Review of Van der Post's "Jung and the Story of Our Time," *Perspectives in Psychiatric Care*, 1976
- 2 6 "Jungian Approach to Clinical Practice" or "Jungian Psychotherapy," *ANA Clinical and Scientific Sessions*, November, 1979
- 2 7 "Thoughts Concerning The *Causa Finalis* of The Cognitive Mode Inherent In Pre-Oedipal Psychopathology," In partial fulfillment of the requirements for Diploma in Analytical Psychology from the C.G. Jung Center, Training Center, New York ,N.Y. 1980
- 2 8 "Excerpts from 'Psychotherapy and States of Consciousness,'" *Institute of Noetic Sciences Newsletter*, Fall 1982
- 2 9 "Determinants of the Nurse Patient Relationship Revisited," *Perspectives in Psychiatric Care*, 1985
- 2 10 Book Review of the "Differing Uses of Symbolic and Clinical Approaches in Practice and Theory," 1987
- 2 11 "Clinical Exchange Don Juan Is Afraid," *Journal of Integrative and Eclectic Psychotherapy*, 1988
- 2 12 "Don Juan; Case Presentation" or "Discussion of 'The Don Juan'" in *Therapy Wars*, 1990
- 2 13 "Some Factors to be Considered in Terms of their Influence on Our Range Planning," 1992 (unpublished)
- 2 14 "Some Thoughts about Time and Its Relationship To Mysticism and Jungian Analysis," 1994
- 2 15 "The Experience of Time and Its Relationship to Mysticism and Jungian Analysis," *Psychotherapy and the Spirit*, 1994
- 2 16 "About My Teaching," 1995 (unpublished)

- 2 17 “The Magical Level of Consciousness In Everyday Life,” 2002 (unpublished)
- 2 18 “The Magical Level of Consciousness in Everyday Life,” 2002 (unpublished)
- 2 19 “The Magical Level of Consciousness” Extra Chapters (unpublished)
- 2 20 “The Magical Level of Consciousness” *Journal of Jungian Theory and Practice*, 2003
- 2 21 “Defining the Magical Structure of Consciousness and Differentiating it From the Magical Layer and the Magical Level of Consciousness” (unpublished)

Series 2: Presented Papers

These papers were presented at various conferences and forums which were sponsored by universities, hospitals, psychiatric and nursing associations. Examples of these would be the Veterans Administration Hospital in New York, The Columbia University chapter of Sigma Theta Tau, The Annual Conference for Registered Nurses and Students and the Clinical Nurse Specialist Meeting of the New York Region at Mt. Sinai Hospital.

Box Folder

- 3 1 “Cultural Determinants of Mental Health and Mental Illness,”
Convention in Atlantic City for the N.J. Psychiatric Nursing
Conference Group, October 1, 1961
- 3 2 “Some Counseling Techniques Which can be used by School Nurses,”
Sussex County New Jersey School Nurses, May 28, 1962
- 3 3 “The Nurse and Her Problem Patients,” Joint Convention of the Rhode
Island State Nurses’ Association and the Rhode Island League for Nursing,
October 17, 1963
- 3 4 “Helping the Staff with the Problem Patient,” Veterans Administration
Hospital, New York, NY, June 8, 1965
- 3 5 “The Problem Solving Approach in a Clinical Unit,” Rutgers University,
Extension Division, June 14 and 21, 1965
- 3 6 “Some Thoughts Concerning the Ideas Underlying the ‘Five Steps’ of
Remotivation,” Remotivation Workshop, Essex County, Overbrook Hospital,
Cedar Grove, New Jersey, April 27, 1966

- 3 7 "On Limit Setting," Illinois State Psychiatric Institute Clinical Nursing Session, Chicago, Illinois, April 14, 1967
- 3 8 "On the Ability to be of Help," Rutgers University College of Nursing-Alumni Breakfast, April 29, 1967
- 3 9 "The Aged 'Problem Patient' in the General Hospital," In Service Meeting at Bridgeport Hospital, Bridgeport Ct., October 26, 1967
- 3 10 "Some Recurrent Problems Encountered by the Nurse Who Has Not Specialized in Psychiatric Nursing," Wagner College, Staten Island, New York, November 1, 1967
- 3 11 "On the Uses and Abuses of the So-called Non-Directive Technique in Nursing," American Nursing Association, Regional Clinical Sessions Philadelphia and Kansas City, November 1967
- 3 12 "The Nurse As Health Teacher-Counselor," Inservice Session of the Veterans Hospital, East Orange, New Jersey, December 13, 1967
- 3 13 "The Nurse In Community Psychiatry," Departmental Conference of the Department of Psychiatry, Queens Hospital Center, Hillside Hospital Affiliation, Jamaica, New York, April 10, 1968
- 3 14 "Nursing Attitudes Toward Cancer- Nursing and Self," Annual Registered Nurses Conference, American Cancer Division, Philadelphia, Pa. October 9, 1968
- 3 15 "Nursing Assessment of Psycho-Social Function In the Aged," Third A. Daniel Rubenstein Lectureship in Gerontology, Boston College Boston, Mass., October 28, 1968
- 3 16 "Nursing Intervention with the Acutely Ill Psychiatric Patient," Fifth Annual Clinical Nursing Conference, Veterans Administration Hospital, Brecksville, Ohio, April 24, 1969
- 3 17 " 'And' Instead of 'Either-Or' Or the 'Fallacy of False Opposition'," Sigma Theta Tau , Alpha Zeta Chapter Initiation, Columbia University, New York, November 11, 1969
- 3 18 "On Being Possessed by the Devil," Visiting Lecture Series, Nebraska Psychiatric Institute, University of Nebraska College of Medicine, March 19, 1970
- 3 19 "Underlying Issues Related To Coping With Breast Cancer," American Cancer Society, Nassau Division, 6th Annual Conference for Registered Nurses and Students November 9, 1971

- 3 20 “Nursing Intervention in Death and Bereavement,” Panel Discussion, Workshop on The Management of Death and Bereavement Nursing and Family and Consumer Studies at Lehman College, City University of New York, March 15,1972
- 3 21 “Constructing an Instrument with Too Many Contingencies,” American Nurses’ Association Convention, Detroit, Michigan May 4, 1972
- 3 22 “Papers on Standards for Geriatric Nursing Practice Standard No. 7,” Symposium Putting Geriatric Nursing Standards into Practice, Nursing Clinics of North America, June,1972
- 3 23 “The Patient as a Responsible Partner on the Health Team, Prospects and Problems,” McGill Psychiatric Nursing Conference, October 27, 1972
- 3 24 “Nursing Implications of the Papers of Dr. Krieger and Drs. Jacox and Stewart,” 9th ANA Nursing Research Conference San Antonio, Texas , March 21, 1973
- 3 25 “Current Technological Advances and the Nurse-Patient Relationship,” Downstate Medical Center Brooklyn, New York, May 2, 1973
- 3 26 “The Nurse as Psychotherapist: What are the Issues?” Collaborative Program on Psychiatric Nursing , Preceding the 25th Institute on Hospital and Community Psychiatry, Miami Beach, Florida, September 17,1973
- 3 27 “An Attempt at Explaining Some Aspects of Modern Woman’s Experience by Means of Jungian Psychology,” Clinical Nurse Specialist Meeting of the New York Region , Mt. Sinai Hospital New York City, N.Y., September 20, 1973
- 3 28 “Psychiatric Nursing is Nursing,” Psychiatric and Mental Health Interest Workshop of Missouri Nurses Association Convention, October 16, 1973
- 3 29 “Chaos, Commitment and Excellence, How do They Fit Together,” Education Session of the Missouri Nurses’ Association Convention, October 17, 1973
- 4 1 “Psychological Aspects of the Nurse Within,” Analytical Psychology Club of New York, March 1974
- 4 2 “Cancer and the Individual,” Breast Cancer Symposium at Adelphi University October 26, 1975
- 4 3 “Psychological Aspects of Women in Our Changing Times,” The Sisters of the Community of the Infant Jesus, Brooklyn, N.Y., November 16, 1975

- 4 4 “Subjective Experience of Borderline Patients: The Magical Level of Consciousness,” South Beach Psychiatric Center, General Staff Meeting, March 10, 1976
- 4 5 “Am I My Brother’s Keeper; The Subjective Experience of Feeling Responsible for Others and How That Changes as Consciousness Develops,” Fifth Elizabeth Palmieri Memorial Lecture Adelphi University School of Nursing, September 28, 1977
- 4 6 “Reflections on Some of the Meanings of the Word Touch and Their Implications for Nursing,” Keynote Address at the Third Annual Conference on Translating Research Into Practice, Alpha Zeta Chapter, Sigma Theta Tau, Columbia University, September 30, 1978
- 4 7 “The Therapist as Victim,” Wainwright House, Rye, N.Y., November 6, 1983
- 4 8 “Transitions of Our Times: Implications for Psychotherapy,” Psychiatric /Mental Health Conference Groups Spring Program, District #13, NYSNA, Cronin Auditorium, New York, May 1, 1985

Series 3: Journals

This series includes many scholarly journals which Ujhely contributed to throughout her career from her very early work on psychiatric nursing to her later work on Jungian Psychoanalysis. They show how she expanded her scope of inquiry in the field of psychiatric nursing, and became an authority in the field.

Box Folder

- 5 1 “Discussion of Cultural and Pathological Manifestations of Paranoia,” *Perspectives in Psychiatric Care*, 1963
- 5 2 “ Servants? No! Service Professionals? Yes!” *RN Magazine*, February 1964
- 5 3 “Grief and Depression Implications for Preventive and Therapeutic Nursing Care,” *Nursing Forum, An Independent Voice for Professional Nursing*, 1966
- 5 4 “Discussion of Dr. Braun’s Paper,” *Report of Conference: Psychiatric Concepts in Public Health Nursing , University of Minnesota School of Public Health Division of Public Health Nursing*, October 1966
- 5 5 “On Limit Setting” *Psychiatric Nursing Institute at the Illinois State Psychiatric Institute*, April 1967

- 5 6 “When Adult Patients Cry,” *Nursing Clinics of North America*,
December 1967
- 5 7 “What is Realistic Emotional Support?” *American Journal of Nursing*, April 1968
- 5 8 “Nursing Intervention with the Acutely Ill Psychiatric Patient,” *Nursing Forum*
An Independent Voice for Professional Nursing, 1969
- 5 9 “‘And’ Instead of ‘Either-or’ or the ‘Fallacy of False Opposition,’” *Image, Sigma*
Theta Tau Honor Society of Nursing, 1970-1971
- 5 10 “Feminine Psychological Development, A Factor Underlying The Issue of
Nursing Independence,” *The Michigan Nurse*, January 1972
- 5 11 “On Being Possessed by the Devil,” *Perspectives in Psychiatric Care*, 1972
- 5 12 “The Patient as an Equal Partner,” *The Canadian Nurse*, June, 1973
- 5 13 “The Nurse as Psychotherapist: What are the Issues?” *Perspectives in Psychiatric*
Care, 1973
- 5 14 “Chaos, Commitment and Excellence, How Do They Fit Together?” *The Journal*
of Continuing Education in Nursing, September- October 1974
- 5 15 “Current Technological Advances and the Nurse-Patient Relationship,”
The Journal of the New York State Nurses Association, November 1974
- 6 1 “Two Types of Problem Patients.. and How to Deal with Them,” *The World’s*
Largest Nursing Journal, Nursing, May 1976
- 6 2 “Jung and the Story of Our Times,” (Book Review) *Perspectives in Psychiatric*
Care, 1976
- 6 3 “Am I my Brother’s Keeper,” *Perspectives in Psychiatric Care*
September- October, 1979
- 6 4 “Touch: Reflections and Perceptions,” *Nursing Forum, an Independent*
Voice for Professional Nursing, 1979
- 6 5 “ ‘And’ Instead of ‘Either-or’ or the ‘Fallacy of False Opposition,’ ” *The Best of*
Image; A Collection of articles originally published in Image: The Journal of
Sigma Theta Tau, 1967-1981
- 6 6 “Psychotherapy and States of Consciousness,” *Institute of Noetic Sciences*
Newsletter, 1982

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| 6 | 7 | “Determinants of the Nurse-Patient Relationship Revisited,” <i>Perspectives in Psychiatric Care</i> , 1985 |
| 6 | 8 | “The Differing Uses of Symbolic and Clinical Approaches in Practice and Theory: Proceedings of the Ninth International Congress for Analytical Psychology Review,” (Book Review) <i>Quadrant Journal of the C.G. Jung Foundation for Analytical Psychology</i> , 1987 |
| 6 | 9 | “Clinical Exchange, Don Juan Is Afraid,” <i>Journal of Integrative and Eclectic Psychotherapy</i> , 1988 |
| 6 | 10 | “The Experience of Time and It’s Relationship with Mysticism and Jungian Analysis,” <i>Seeds of Unfolding: Spiritual Ideas for Daily Living</i> , 1996 |

Series 4: Miscellaneous Manuscripts

These include essays which Ujhely wrote early on, before she began writing about nursing. Also included are drafts for some of her professional papers.

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| 7 | 1 | “Her Dance-a Spark of Truth that Briefly Lit the World” (A Six to Seven minute speech on Isadora Duncan), 1954 |
| 7 | 2 | “The Japanese Willow,” 1955 |
| 7 | 3 | Commentary on paper published in 1966 |
| 7 | 4 | “Cold Hands,” undated |
| 7 | 5 | “Evening Report,” undated |
| 7 | 6 | “A Framework for Psychiatric Nursing,” undated |
| 7 | 7 | “Nursing Assessment of Psycho-Social Function In the Aged,” undated |
| 7 | 8 | Draft, Puerperal Psychosis Paper, undated |
| 7 | 9 | Draft, What Forces Outside the Phenomena are Directing Their Course? undated |
| 7 | 10 | Draft, Some Thoughts About Time and Its Relationship to Mysticism and Jungian Analysis, undated |
| 7 | 11 | Draft, Magical Structure of Consciousness-Mental Structure of Consciousness, undated |

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| 7 | 12 | Miscellaneous untitled, undated |
| 7 | 13 | Hand Written Notes |

Series 5: Biographical Works and Data

Included here are an autobiographical work *Snapshots and Soundbites*, biographical notes and Curriculum Vitae.

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| 7 | 14 | Curriculum Vitae |
| 7 | 15 | Brief Biographical Notes, unpublished and undated |
| 7 | 16 | <i>Snapshots and Soundbites</i> 2003, unpublished (2 copies) |

Series 6: Media

This includes two items an audio tape and a computer disk. The audio tape is a Scotch Magnetic Tape. It was recorded on June 16, 1970. The Speaker is Mr. James DeMarco and the topic is *Consumer Panel "Prescriptions of Patient Care,"* the moderator was Mrs. Barbara Blue and the panel consisted of Dr. Frank W. Montgomery, Mrs. Richard Trelease, Miss Darlene Calvert and Mrs. Janet Mitchell. The disk is a copy of one of a thesis by Ujhely.

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| 8 | 1 | Consumer Panel: Prescriptions of Patient Care (audio tape), 1970 |
| | 2 | Thesis by Ujhely |

Series 7: Books

This series includes books on nursing which professor Ujhely contributed to. Also included is her book *The Nurse and Her Problem Patients* which was published in 1963. In addition to books on the general field of nursing many of these books contain chapters on the more specific topic of psychiatric nursing.

American Nurses Association, *ANA Regional Clinical Conference*, New York: Appleton-Century-Crofts, 1968.

American Nurses Association. *Clinical and Scientific Sessions 1979*, Nashville, Tennessee: American Nurses Association, 1979.

Browning, Mary H. *The Nursing Process in Practice*, New York: The American Journal of Nursing Co., 1974.

Christman, Luther and Anna L. Seal. *The Nursing Clinics of North America*, Philadelphia: W. B. Saunders Company, June 1966.

Harrop, Margaret and Vera M. Rubenstein. *The Nursing Clinics of North America*, Philadelphia: W.B. Saunders Company, December 1967.

Lewis, Edith P. and Mary H. Browning. *The Nurse in Community Health.*, New York: American Journal of Nursing Co., 1972.

Muller, Theresa G. *Mental Health in Nursing*, Washington D.C: The Catholic University of American Press, 1949.

Roe, Anne and Mary Sherwood. *Nursing in the Seventies*, New York: Wiley and Sons, Inc.1973.

Saltzman, Nolan, and John, C. Norcross. *Therapy Wars: Contentions and Convergence in Differing Clinical Approaches*. San Francisco: Jossey –Bass, 1990.

Ujhely, Gertrud B. *The Nurse and Her Problem Patients*, New York: Springer Publishing Company Inc., 1963.